

**The School District of Palm Beach County
School Food Service Department**

**Commit 2B Fit Academic Journals (FY 2013-2014)
Principal Survey
November 2013**

1. Were the Commit 2B Fit® academic journals delivered on time for the start of the 2013-2014 school year?
 - **100%** stated Yes
2. Was your instructional staff pleased with the quality and layout of the Commit 2B Fit® academic journal?
 - **100%** stated Yes
3. Did the content of the Commit 2B Fit® academic journal meet the needs of your student population and instructional staff?
 - **100%** stated Yes
4. Do you believe that your staff and students are using the Commit 2B Fit® academic journals as intended; to encourage physical activity, healthy eating habits, oral health and goal setting?
 - **100%** stated Yes
5. Do you believe that your students, parents and staff are benefiting from the "Power Up With Breakfast", "Ethics in Action and Character Counts", "Anti-Bullying & Internet Safety", "Eating for FCAT Success", information contained in the Commit 2B Fit® academic journal?
 - **100%** stated Yes
6. Do you believe that your instructional staff received sufficient support and benefited from the webinar training from Commit 2B Fit® in order to implement the program successfully at your school?
 - **98.2%** stated Yes
 - **1.8%** stated No

7. Please provide any additional comments and/or recommendations:

- Thank you for the program!
- Thank you!
- We love the academic journals! Students use them daily at our school.
- Thank you for the wonderful books. They are used daily.
- Fabulous presentation. As a previous secondary administrator, I love the use of the planners at the elementary level!
- Our students benefit from the daily awareness of being fit by using their planner. Parents are reminded of healthy tips as they review their child's planner nightly! EXCELLENT HOME-SCHOOL CONNECTION as they learn more about being healthy and fit.
- I would like to have the training available during the teachers work hours. Having a 3:30 p.m. time was a problem for my staff; their duty day ends at 3:00 p.m.
 - We believe the Commit 2B Fit academic journals are very beneficial to our students and staff. We are most appreciative that you have provided this valuable resource to our school community. Thank you!
- Thank you. It is a wonderful support for our students.
- The academic journals are a great tool for our students.
- THANK YOU for providing ALL of this for us!!!!!! We are incorporating the planners! Etching them into our wellness plan this year!
- The academic journals are now part of our culture!
- The District website went down during one webinar.
- Your initiative is awesome.
- We love using the agendas and the Physical Education teachers support the use in their classes also.
- We love the program and all the great resources and support we receive as a healthy choice school!
- This is an amazing service that you provide and it's very much APPRECIATED!
- The journals have been effective in encouraging our students to develop healthy eating habits.
- Great Program!
- Our students, faculty and staff are benefiting tremendously from this program.
- Thank you!!! The students LOVE the planners!
 - Wonderful program and great staff developers!
 - My students use the journal every day!
 - Teachers were unable to sign on to the Webinar. Thank you.
- Thank you for your support and contributions to our school.